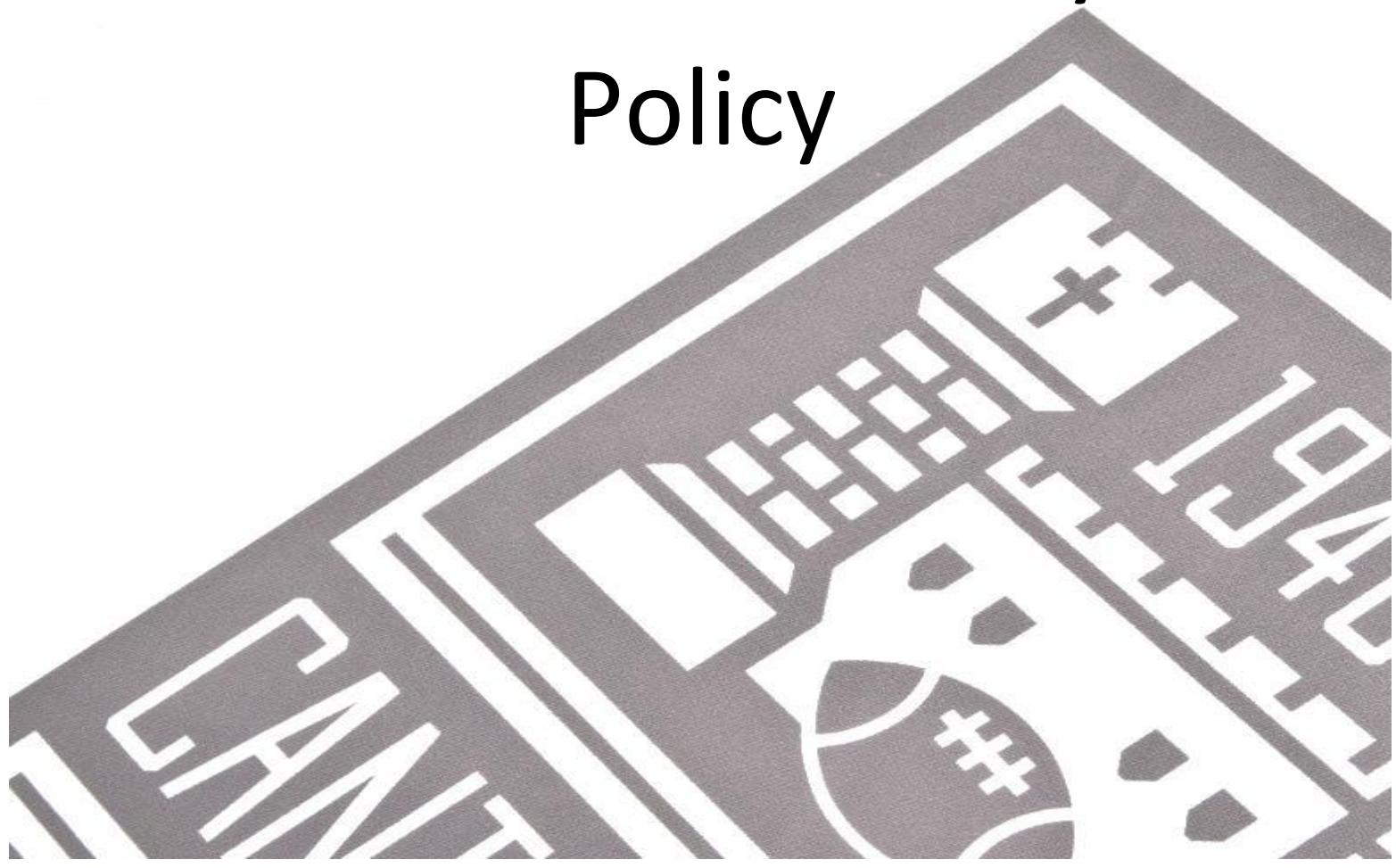




Health and Safety Policy



Cantabrigian RUFC is committed to ensuring that Health and Safety is treated seriously. Health and Safety is an important area for clubs to address at all levels of the game.

In cases like ours where clubs are run solely by volunteers there is no statutory responsibility, although all clubs and their individual members should aim to emulate the standards demanded by Health and Safety law.

Spectator Safety

It is the responsibility of all clubs to ensure that all practicable measures are taken for the health and safety of spectators at every level of the game.

Spectators should remain behind the roped off area, if one is provided. Otherwise, spectators should remain at least 3m back from the touchline at all times.

Ground/Clubhouse Safety

Cleaning materials/chemicals must be stored in the locked cupboards provided;

Decorating materials, tools and paint must be stored out of children's reach in the locked cupboards provided;

Outside stores containing possible hazards must be locked when unattended;

Children must not enter the kitchen at any time. There may be kitchen hazards of hot cookers and sharp tools.

If any hazards are spotted by a member of the Club, please report them to any committee member, who will act accordingly.

First Aid

The Club will ensure that trained volunteers are available on match days and at training nights;

All team captains (senior club), Age Group Managers (juniors) and all coaches MUST know the whereabouts of First Aid help before play commences;

Emergency first aid should only be given by a qualified first aider;

A list of all first aiders should be clearly communicated to the whole club;

Under no circumstances should analgesics be administered by first aiders or kept in the first aid box.

Guidelines for Standard First Aid Equipment Box

- Guidance card;
- Individually wrapped sterile adhesive dressings;
- Sterile eye packs with attachment;
- Individually wrapped triangular bandages;
- Safety pins;
- Medium sized individually wrapped sterile wound dressings;
- Large individually wrapped sterile wound dressings;
- Extra large individually wrapped sterile wound dressings;
- Latex free gloves
- Boxes should be clearly labelled and accessible.

Access

Please ensure that there is disabled access to all areas.

Volunteers MUST ensure that no one parks obstructing the chain in the car park that gives emergency ambulance access to the pitches.

Emergency Procedures

In the event of fire, electrical failure or other emergency in the Clubhouse, please leave by the emergency exits to the car park, then proceed to the Trust Pitch.

Make sure a responsible person there knows you have left the building.

In the event of serious injuries to either spectators or players, ensure that a call is made promptly to the appropriate emergency service.

Signed

Date

Version: 1